

# ARIEL OSTAD, MD



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## Ariel Ostad, MD

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**D**r. Ariel Ostad is a board-certified cosmetic dermatologist and dermatologic surgeon specializing in aesthetic rejuvenation and dermatologic skin cancer surgery and reconstruction. He graduated from New York University and completed medical school at New York University School of Medicine. After an internship at Massachusetts General Hospital at Harvard Medical School, Dr. Ostad began dermatology residency in the skin and cancer unit at NYU Medical Center. He also completed a fellowship in Mohs Micrographic Surgery and Laser and Cosmetic Surgery at UCLA.

After completing his training, Dr. Ostad returned to New York, where he practices cosmetic dermatology and dermatologic surgery on the Upper East Side of Manhattan. Dr. Ostad is a clinical assistant professor of Dermatology at NYU Medical Center and teaches residents about skin surgery. He has received the Surgical Attending of the Year award three times. Dr. Ostad is on the NYU Dean's Advisory Council and the Alumni Board of Governors, is currently the President of NYU School of Medicine Alumni Association and is also involved in philanthropic efforts in student education..

Known for his world-class skill in Mohs Micrographic Surgery for skin cancer treatment, Dr. Ostad co-authored the *Practical Management of Skin Cancer* textbook (Lippincott-Raven, 1998). He is an associate editor for the *Journal of Drugs in Dermatology* and former contributing editor for the *Journal of Dermatologic Surgery*. A husband and a father of three, he has also emerged as a leading expert in his field and has appeared in numerous beauty magazines and TV appearances, as well as *The New York Times*.

Many patients comment that Dr. Ostad's kind and compassionate demeanor as well as his artistry and attention to detail makes him an ideal cosmetic dermatologist. Dr. Ostad and his team make patients feel comfortable, relaxed, and at ease during visits. Dr. Ostad's aesthetic philosophy is "less is more and to be conservative and create a natural, youthful look". Dr. Ostad has extensive understanding of facial anatomy and therefore can artistically and safely treat patients with Botox and fillers who present for nonsurgical facial rejuvenation as well as minimally invasive surgical treatments. Dr. Ostad has extensive experience with lasers to treat scars, sun damage, rosacea and wrinkles, permanent fat reduction and skin tightening.

Dr. Ostad's experience and extensive set of credentials are what identify him as a *New York SuperDoctor®* and one of New York's Top Doctors. He is a member of the American Society for Dermatologic Surgery, American Society for Laser Medicine and Surgery and Skin Cancer Foundation; and is a fellow of the American College of Mohs Surgery and American Academy of Cosmetic Surgery.