



REFINERY29

Refinery29

April 12, 2019

22,522,842 Unique Visitors Per Month

# The Summer Beauty Necessity You're Probably Forgetting

Think about the last time you put on [sunscreen](#). Chances are you slathered it over your shoulders, neck, and chest, and then (with a separate, [non-pore-clogging](#) formula, of course) moved onto your face, massaging it into your forehead, nose, chin, and cheeks. This makes you a shining example of sun protection, right? Almost, but not quite — you've left the thin, delicate skin of your eyelids exposed.

The teeny-tiny area just isn't at the top of anyone's "places that need sun protection" list — and that's a mistake. "Risk of sun damage on the eyelid is very prevalent due to the nature of thin skin," says dermatologist and skin-cancer specialist [Ariel Ostad, M.D.](#) "The eyelid is prone to sunburn, and sun damage leads to not only wrinkles and crow's feet, but also various skin cancers, including basal cell carcinoma, squamous cell carcinoma, and melanoma." Specific signs of skin cancer, like scaly or scabbing growths, can also pop up directly on the eyelid.